CIAN PONSIL

TRACK & FIELD EVENT INFORMATION 2018-2019

Event Junior Varsity Track and Field Meet

Dates Girls JV Meet April 24, 2019—Boys JV Meet April 25, 2018

Sites Nusenda Community Stadium

Times 4:15pm, April 24 Finals: JV Girls at Nusenda Community Stadium

4:15pm, April 25 Finals: JV Boys at Nusenda Community Stadium

Entries All in-season NMAA and APS Athletic Department participation rules apply. Regular season

sub-varsity meet limits as set forth by the NMAA apply to all participants. The maximum number of regular season sub-varsity meets is seven inclusive of the APS Junior Varsity Metro.

Submit entries through DirectAthletics, www.directathletics.com, by 9:00am the day prior to meet. Athletes with a state qualifying mark in a varsity meet may not compete in the same

event in the APS Junior Varsity City meet.

Entries for individual events are limited to 3 entries per gender per school. Entries for relay events are limited to 1 entry per gender per school. Entries shall include highest marks unless this is the first competition. Other than individuals/relay teams being scratched, no

entry changes including heat and/or lane assignments are permitted.

Meet Information

A scratch meeting will be held at 3:45pm each day. A coaches meeting will be held at 4:05pm each day. Equipment weigh-in will take place at 3:45pm each day. Field events will be conducted according to the time schedule with running events conducted on a rolling schedule. Schools are required to provide a minimum of four workers to help facilitate assigned event responsibilities.

Seeding of heats will be slowest to fastest, timed finals.

Lane assignments Curved races: 3-4-5-6-7-8-2-1 Straight races: 4-5-3-6-2-7-1-8

A maximum of 3 trials will determine order of finish in field events. Javelin and Discus will be flighted ABCD. Shot Put will be flighted DCBA. Long Jump, Triple Jump, Pole Vault and High Jump will be OPEN PIT with time limit. Starting heights in High Jump and Pole Vault will be determined by the meet referee and event judge after reviewing entry marks.

Scoring Individual: 7-5-4-3-2-1 Relays: 10-8-6-4-2-1

Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.

announced by the Ai 5 Atmetic Department.

Awards A team trophy will be awarded to the 1st place boys team and the 1st place girls team.

Medals will be awarded for 1st place finishers in all events with ribbons

being awarded for 2nd through 5th place finishers. Medals and ribbons will be sent out to

schools after the event and do not need to be picked up. Team trophies will

be awarded at the conclusion of each day's track meet.

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THURSDAY, APRIL 25

BOYS @ COMMUNITY

3:45pm_____Scratch Meeting

4:05pm_____Coaches Meeting

3:45pm_____Equipment Weigh-in

FIELD EVENTS

4:15pm—6:30pm______Javelin

4:15pm—6:30pm______High Jump

4:15pm—6:30pm_____Shot Put

4:15pm—6:30pm_____Long Jump

4:15pm—6:45pm Pole Vault

6:45pm—9:00pm______Discus

6:45pm—9:00pm_____Triple Jump

RUNNING EVENTS

5:30pm	3200m Run (Fast Heat)
	400m Relay
	100m Hurdles
	100m Dash
	1600m Run
	800m Relay
	400m Dash
	300m Hurdles
	800m Run
	1600m Medley Relay
	200m Dash
	3200m Run (Slow Heat)

_____1600m Relay

SCHOOL WORKER ASSIGNMENTS

AWARDS-Manzano

HURDLES—ALL Schools

TRIPLE JUMP—Albuquerque

LONG JUMP—West Mesa

JAVELIN-Volcano Vista

DISCUS—Sandia

POLE VAULT—Atrisco Heritage

HIGH JUMP—Valley

SHOT PUT—Del Norte

STARTING BLOCKS—Rio Grande

TIMERS—La Cueva/Cibola

INSPECTORS-Eldorado/Highland

